



Hello School Leaders!

We have exciting news to share with you. We have continued to enhance our SWITCH school wellness programming and have partnered with Iowa State University Extension and Outreach to help deliver the programming. This partnership will provide schools with additional support to carry out SWITCH as well as access other wellness resources provided by ISU Extension and Outreach, such as 4-H programming!

In the 2017/18 school year we are offering opportunities for a limited number of schools to enroll in the funded USDA project which provides support and guidance to get started with SWITCH. Benefits of enrollment in the USDA project are summarized below:

- Free enrollment in the SWITCH program (waived fee of \$500)
- Free resource kit with SWITCH modules and student resources (normal fee of \$500)
- Administrative stipend of \$1,000 to support programming
- Free enrollment in the annual SWITCH school Wellness Conference (normal cost \$75/person). See details in the text box.
- Travel stipends for 3 SWITCH program leaders to attend SWITCH school Wellness Conference (\$650/school)

If your school is interested in participating in SWITCH during the 2017-2018 school year, you can sign up by filling out the attached “SWITCH School Wellness Agreement Form” and emailing it to switch@iastate.edu.

You can find more information about SWITCH on our new ISU SWITCH Information website: <http://www.extension.iastate.edu/switch/>, or send your questions to our SWITCH Team at switch@iastate.edu.

We hope to see you and your School SWITCH Team at the Conference and look forward to working with you on making the SWITCH in your school this year!

Sincerely,
Iowa SWITCH Team

SWITCH School Wellness Conference

The conference provides overviews on current landscape of school wellness in Iowa and opportunities for schools to share and learn from each other

- November 16th (9:00am to 3:00pm)
- ISU Alumni Building (address)
- Cost: \$75

Schools enrolled in SWITCH are required to attend to receive background training and planning time with SWITCH leaders

- **Registration**
<https://register.extension.iastate.edu/switchconference>